



ROLE DESCRIPTION

Title: Recovery Supporter for Group Members

Hours: 2-12 hours per week (negotiable)

Location: Southampton.

The Waterfall:

The Waterfall is a registered charity that aims to provide rehabilitative support for women with drug and alcohol addictions. We are currently running a structured Day Recovery Programme that will enable women to access high quality recovery support that is targeted at the specific needs and issues they face.

We have exciting ideas for the future, for example setting up a social enterprise to make us sustainable and to provide intermediate employment opportunities for women. We would also love to offer more days, a broader range of activities and eventually a residential programme.

Summary of Role:

We are looking for committed, caring and reliable women to help group members to manage the process of their recovery. You will work as a team with a Recovery Worker to support women who attend the Waterfall in a variety of ways, according to their needs and your own skills and availability.

Expenses that are required for the role and have been agreed with the Operations Manager will be reimbursed.

Main Duties and Responsibilities:

- To provide extra support and encouragement to group members at a frequency and type agreed by the group member and her Recovery Worker.
- To use your time and skills in a variety of ways to provide support. This may include going out for coffee, inviting to a church event, going to the park with children, attending a 12-step meeting, or helping with life skills such as cooking, budgeting, reading or writing.
- To drive or accompany women to appointments where appropriate within the stage of their recovery.
- To refer and signpost your group members to other providers of relevant support for them, accompanying them where appropriate for their first meeting.
- To use listening skills (and prayer if wanted) to provide support to the group member, and to refer them back to their Recovery Worker to arrange structured counselling whenever exploration and healing of pain at a deeper level is wanted.

- To model honesty, personal responsibility and hope to your group members.
- To attend group supervision and training.

Role Specification:

Specification	Essential	Desirable
Qualifications and Experience	Some training or experience in listening, support and/or pastoral care	Experience of supporting women affected by addiction or related issues, such as domestic violence and homelessness.
Skills and abilities	Good verbal and written communication skills. Good listening skills. Life skills to share, e.g. cooking, budgeting etc. Time management. Computer literate.	Car driver with own car Education to share – e.g. reading, writing, maths, art, music etc. Ability to understand and explain forms, benefit system, social services and criminal justice procedures.
Personal Qualities	Motivated to help women overcome addiction. In agreement with the Christian ethos of The Waterfall Trust. Able and willing to adhere to appropriate boundaries and follow Waterfall policies and procedures. Flexible - this is a growing and changing programme. Enthusiastic to pursue your own personal growth in both character and skills through training and accountability.	A practicing Christian in agreement with the vision, mission and values of the Waterfall. Willing to be involved in other aspects of The Waterfall as required.

How to apply:

Please complete a volunteer application form and send it along with your C.V. and a covering letter by email to pete.white@thewaterfall.org.uk or by post to The Waterfall Trust, 11th Floor, Dukes Keep, Marsh Lane, Southampton, SO14 3EX.

To speak to someone about the post please call 02380 225463

Closing date: Open until filled.